

MAKE  
WELLNESS  
A REGULAR  
HAPPENING.

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Explore yearly, half-yearly  
and quarterly packages at  
Bodhi Spa by GRT Hotels.



## ABOUT BODHI SPA

‘Bodhi’ is a Sanskrit word, when translated to English, means awakening, enlightenment or self-realization. This is the primary goal of all our therapies. We adopt a holistic approach to wellness of the body and spirit which makes our signature therapies an exhilarating experience. Our approach to all therapies is based on engaging the five senses – sight, sound, touch, taste, and smell to achieve the 6th sense – peace, which is our ultimate goal, to help you on your journey to your 7th sense – ‘Bodhi’!



## WHAT'S NEW!

Just like everything else in life, wellness should also be a part of an active lifestyle. To help you achieve the Same, we, at Bodhi Spa by GRT Hotels, have curated new spa therapy packages. Choose from our 60- and 90-minute yearly, half-yearly and quarterly packages and make pampering your mind and body a habit.

## THE ANNUAL PACKAGE (90 MINUTE)



**Pay for 12 therapies and enjoy 15!**

15 90-minute signature de-stress and wellness full-body therapies  
at just ₹54000 + taxes (18%)

Complimentary add-ons:

- 2 haircuts (for men)
- 1 clean-up facial (30 minute)
- 1 full-body exfoliation (30 minute)
- 25% off on salon services (excluding make-up)

Note: valid for 1 year from the date of purchase

## THE ANNUAL PACKAGE (60 MINUTE)



**Pay for 12 therapies and enjoy 15!**

15 60-minute signature distress and wellness full-body therapies  
at just ₹42000 + taxes (18%)

Complimentary add-ons:

- 1 haircut (for men)
- 1 clean-up facial (30 minute)
- 25% off on salon services (excluding make-up)

Note: valid for 1 year from the date of purchase

## THE HALF-YEARLY PACKAGE (90 MINUTE)



**Pay for 6 therapies and enjoy 8!**

8 90-minute signature destress and wellness full-body therapies  
at just ₹27000 + taxes (18%)

Complimentary add-ons:

- 1 clean-up facial (30 minute)
- 25% off on salon services (excluding make-up)

Note: valid for 6 months from the date of purchase

## THE HALF-YEARLY PACKAGE (60 MINUTE)



**Pay for 6 therapies and enjoy 8!**

8 60-minute signature de-stress and wellness full-body therapies  
at just ₹21000+ taxes (18%)

Complimentary add-ons:

- 1 haircut (for men)
- 25% off on salon services (excluding make-up)

Note: valid for 6 months from the date of purchase

## THE QUARTERLY PACKAGE (90 MINUTE)



**Pay for 3 therapies and enjoy 4!**

4 90-minute signature destress and wellness full-body therapies  
at just ₹13500 + taxes (18%)

Complimentary add-ons:

- 1 haircut (for men)
- 25% off on salon services (excluding make-up)

Note: valid for 3 months from the date of purchase

## THE QUARTERLY PACKAGE (60 MINUTE)



**Pay for 3 therapies and enjoy 4!**

4 60-minute signature destress and wellness full-body therapies  
at just ₹10500 + taxes (18%)

Complimentary add-ons:

- 1 Apana foot ritual (15 minute)
- 25% off on salon services (excluding make-up)

Note: valid for 3 months from the date of purchase





# CHOOSE FROM OUR DESTRESS AND WELLNESS THERAPIES



## **Lomi Lomi**

The rhythmic Lomi Lomi massage with the Mahana massage oil loosens the muscles and nourishes the skin.



## **Intensify**

This deeply restorative treatment is specifically designed for tight, stressed and aching muscles.



## **Thai Fusion**

A combination of Thai massage and lymphatic drainage, the Thai Fusion helps your mind and muscles relax.



## **Swedish**

A perfect Swedish massage for your sore muscles. With deep tissue strokes performed, this is the ultimate relaxation and rejuvenation.



## **Shirah**

A relaxing, holistic acupressure massage performed on the head and neck. It releases stress and nourishes your hair.



# CHOOSE FROM OUR DESTRESS AND WELLNESS THERAPIES



## **Feet First**

As its name suggests, it refreshes tired and aching feet. Your cuticles and heels are deeply nourished with natural plant oils.



## **Auka**

A reviving therapy performed with massage balm that stimulates the acupressure points of neck, shoulder and spine.



## **Algae Marine**

A true marine beauty treatment with signature algae facial that leaves your skin soft and radiant.



## **Pureness**

A therapy designed specially for the face, it removes impurity and adds natural moisture with hot and cold lava stones.

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## TERMS & CONDITIONS

The membership can be used at any of the Bodhi Spa of GRT Hotels & Resorts

The membership is non-transferable and the membership fees is non-refundable

Extension of the membership term is at the discretion of the management

Revocation of the membership is at the discretion of the management

Book your sessions 24 hours in advance to ensure availability

Smoking is prohibited inside the Bodhi Spa

Spa treatments will be denied when the member is under the influence of alcohol

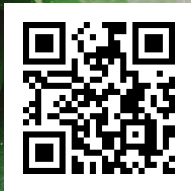
Members with high blood pressure, heart ailments or other medical conditions should consult their doctor before making an appointment

Pregnant women should consult their doctor before making an appointment

Individuals below the age of 18 aren't permitted inside the Bodhi Spa

Other terms and conditions apply

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Scan QR code to  
view safety manual

**For reservations, call 1800 425 5500 / 6650 0050**

Corporate Headquarters: #41, Giriappa Road, T.Nagar, Chennai - 600 017.

✉ [crs@grthotels.com](mailto:crs@grthotels.com) [f](#) BodhiSpaGRT [i](#) [grt.hotels.india](https://www.instagram.com/grt.hotels.india) [You Tube](#) [grthotels](#) [t](#) @grthotels [in](#) GRT Hotels & Resorts [globe](#) [www.grthotels.com](http://www.grthotels.com)